預防新型冠狀病毒肺炎－體育設施的管理建議
Prevention of Novel Coronavirus Pneumonia –
Advice on Management of Sports Facilities

In view that population gathering and face-to-face contact are important factors for the transmission of novel coronavirus, this guideline is formulated with an aim to reduce the risk of spreading the virus in public sports facilities (both indoor and outdoor).

(I) Management of Sports Facilities

1. Organize less gathering or large-scale sports events and competitions.

2. Avoid sharing of equipment and articles; otherwise, clean and disinfect them with 1:100 diluted bleach solution promptly after each use.

3. Spectator seats, public sports equipment and furniture should be placed at least 1 metre apart or separated by a waterproof partition. Besides, they should be cleaned and disinfected regularly and more frequently with 1:100 diluted bleach solution.

4. A signage should be put up in sports facilities to remind users to observe personal hygiene, stay at least 1 metre apart from each other, and not to assemble.

5. For indoor sports facilities, avoid using air conditioner if possible; instead, always keep windows open to ensure good indoor ventilation. If the use of air conditioner is unavoidable, normal operation of the ventilation system should be guaranteed.

6. Provide toilets with liquid soap and disposable tissues or hand dryer, and ensure proper functioning of the equipment.

7. Increase the frequency of cleaning and disinfection of equipment and articles in the facilities, particularly frequently touched surfaces and toilets; please refer to relevant guidelines for cleaning and disinfection of environment.

預防新型冠狀病毒肺炎 - 體育設施的管理建議
Prevention of Novel Coronavirus Pneumonia –
Advice on Management of Sports Facilities

(II) Management of Users

1. It is recommended to adopt a reservation system. Encourage users to make a reservation online, and consider using mobile app or SMS reminders to avoid prolonged waiting times in/ outside sports facilities.

2. Perform crowd management by admitting only half (or fewer) the normal capacity (including staff and users); suspend admission to the facilities when there are too many people, and line up users waiting for admission in an open space with an arm's length distance apart from each other.

3. Take body temperature for individuals entering the facilities and advise them to submit the "Macao Health Code"; decline admission of people with fever or acute cough.

4. All people who enter and remain in sports facilities are required to wear a mask, which can be removed only in necessary circumstances such as: during physical training, sports competition, etc. When not wearing a mask, a minimum distance of 1 metre should be maintained from others.

5. Avoid crowd gathering in sports facilities; should this happen, advise the crowd to stay apart or leave.

6. Collective physical training should be conducted in outdoor open spaces wherever possible. Before training, the group/team must ensure that all members are free of fever or other discomfort.

7. Infants and children should be supervised by a parent/ guardian to avoid contact with other people in the facilities, and reduce as much as possible the duration and frequency of using the facilities.

預防新型冠狀病毒肺炎－體育設施的管理建議
Prevention of Novel Coronavirus Pneumonia – Advice on Management of Sports Facilities

For more guidelines on personal hygiene, environmental cleaning and disinfection, ventilation and others, please refer to the Special Webpage Against Epidemics: https://www.ssm.gov.mo/PreventCOVID-19

Centre for Disease Prevention and Control

Health Bureau of Macao SAR Government